

Contagious CONFIDENCE™

Without a strong sense of confidence, employees will slow down their productivity to the speed of cold molasses. They may even develop an attitude problem. If so, this is the course both of you will value and need to succeed.

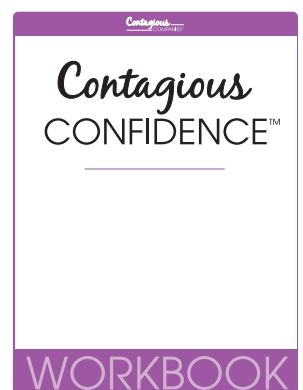
The **Contagious Confidence™ training program** is ideal for those team members who beat themselves up or suffer from perfectionism and sensitivity to criticism.

What's in the course?

- Overcome the top 5 barriers to success.
- 14 methods for building your own self-esteem, that are easier than you think.
- The difference between confidence and self-esteem and their origin.
- How to be an authentically engaged team member.
- How to effectively manage the "voices in my head."
- How confidence affects communication and resistance to change.
- How to stop habitual behaviors that bring us down and slow us down.
- How to engage other employees by increasing their confidence.
- How to build better relationships at work (and at home).

Available as a Full Day or Half Day Course

Contagious Confidence™ builds them up when the economy, change, or conflict has torn the team down. Boost employee self-esteem, self-awareness, and productivity with the Contagious Confidence™ training course and watch your office become a place you LIKE to work again.



SCHEDULE YOUR TRAINING PROGRAM TODAY!

1-866-382-0121

VIEW ENTIRE TRAINING CATALOG AT CONTAGIOUSCOMPANIES.COM